

**REGISTRATION FORM**

**NAME \*** \_\_\_\_\_

**HOME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**CITY:** \_\_\_\_\_ **STATE:** \_\_\_\_\_

**ZIP:** \_\_\_\_\_

**PHONE:** \_\_\_\_\_

**FAX:** \_\_\_\_\_

**E-MAIL:** \_\_\_\_\_

**FACILITY:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**CITY:** \_\_\_\_\_ **STATE:** \_\_\_\_\_

**ZIP:** \_\_\_\_\_

**PHONE:** \_\_\_\_\_

**FAX:** \_\_\_\_\_

**Please, enclose your check payable to:  
Pacific Therapy Education, Inc.  
27475 Ynez Road # 318  
Temecula, CA 92591  
\*Please write your name and titles as you want  
them to appear on your certificates**

**This course is open to: PTs, PTAs, OTs COTAs  
& MDs**

**PT PTA OT COTA (circle, please)  
LICENSE #:**

**INSTRUCTIONAL LEVEL**

The instructional level of this program is **Advanced** according to the definition of APTA. This level assumes thorough familiarity with the topic and focuses on advanced techniques, recent advances, and future directions.

**EDUCATIONAL CREDIT**

This program was **approved for 33.00 contact hours, 3.3 CEUs by the California Physical Therapy Association (CPTA# 16-205).**

**CERTIFICATION**

Certification level II will be received upon successful completion of the course. Completion of this course and the basic or initial course will enable the attendees to take the International Certification in Lymphedema Management Examination: ICLM Examination **Once they pass the examination and submit a case study, attendees will be ICLM certified.**

**COURSE OBJECTIVES**

At the end of the course, participants will demonstrate the:

- 1) Understanding of the anatomical and physiological concepts underlying lymphedema management.
- 2) Understanding of the psychological issues raised by cancer & lymphedema.
- 3) Ability to perform manual lymph drainage and multi-component bandaging addressing lymphedema of the limbs, head and neck and trunk as described by the Leduc school.
- 4) Understanding of the use of compression devices (Indications & contraindications).
- 5) Understanding of patients education (self-care, compression garments management, precautions, H.E.P.)
- 6) Ability to evaluate patients suffering from lymphedema , edema, lipidema and to design a comprehensive plan of care
- 7) Ability to treat various pathologies showing symptoms of lymphedema or edema, using the techniques of lymphedema management.
- 8) Ability to answer most of the questions raised by the patients.
- 9) Ability to recognize when the intervention of the physician is necessary. (for instance if there is suspicion of DVT)

- 10) Understanding of the most recent research performed in the field of treatment of lymphedema.

**PROGRAM: LECTURE/LAB**

**Students: faculty ratio= 10:1**

Daily course schedule will include:

- 8:00am:** Start
- 10:15-10:30am or 10:30 – 10:45am:** Break
- 12:00noon-1:00pm:** Lunch
- 3:00-3:15pm:** Break

**Saturday, October 15, 2016**

**8:00- 8:45 am** Review of anatomy and physiology of the lymphatic system: Topographic structure of the lymph vessel systems. Anatomy of the lymphatic systems of the limbs and trunk. Video. Lymph formation, lymph propulsion. Q&A.

**8:45 am-11:00 am:** Manual lymph drainage of the U.E. & L.E. Documentation. Case studies.

**11:00-1 2:00noon – 1:00-3:00pm:** Lymphedema: Definition. Differential diagnosis. Lymphatic system imaging. Primary & secondary lymphedema.. **Lab:** Multi-component bandaging of the lower extremity

**3:15-5:00pm:** Recent research results. Ongoing research performed by the Leduc team at the University of Brussels- Belgium. **Lab:** Manual lymph drainage of the upper extremity.

**5:00-6:30pm:** Lymphedema in pediatrics: Case studies. Treatment. Education of care givers. Supportive documentation.

**Sunday, October 16**

**8:00-10:15 am: Lab:** Treatment of the upper extremity lymphedema post-mastectomy. Manual lymph drainage, multi-component bandaging. Theory: Drainage of the lymphedema of the breast.

**10:30- 12:00 noon: Lab:** Treatment of the lower extremity lymphedema post prostate cancer surgery. Manual lymph drainage. Multi-component bandaging. Theory: manual lymph drainage and application of compression to the genital area

**1:00-4:0 0 pm:** Head and Neck lymphedema. Theory and practice (MLD & MCB)

**4:00-5:00pm:** Q & A. Case studies.

**5:00-6:00pm:** Compression devices. Presentation. Indications. Contraindications.

**Monday, October 17**

**8:00- 9:00am:** Surgical Treatment of Lymphedema  
**DUNG NGUYEN, M.D.**  
Clinical Assistant Professor, Division of Plastic Reconstructive Surgery. Director, Breast Reconstruction Stanford Women's Cancer Center

**9:00-10:00am:** Surgical treatment of breast cancer  
**IRENE L. WAPNIR, M.D., F.A.C.S. Associate Professor of Surgery.**  
Chief of Breast Surgery.  
Stanford University School of Medicine.

**10:00 – 11:00 am: Q & A.**

**11:00-12:00noon:** Medical treatment of breast cancer.  
**JESSICA FORAN, MSN, WHNP-BC ANP-BC Nurse Practitioner**  
Breast Medical Oncology & Cancer Survivor  
Stanford Women's Cancer Center

**12:00 noon – 1:00 pm: Lunch on your own**

**1:00- 2:00pm: : Advances in Lymphatic Research. Professor STANLEY G. ROCKS M.D.**

**2:00-3:00pm:** Cancer Rehabilitation – Anne-N Vaillant-Newman

**3:00- 4:30 pm- Lab:** Head & Neck Lymphedema Manual lymph drainage and multi-component bandaging . Anne-Marie Vaillant-Newman, Ph.D.

**4:00-5:30pm: International Certification in Lymphedema Management Examination.**

**Tuesday, October 18**

**8:00 am-9:30 am:** Concomitant Venous Obstruction in Patients with Secondary . After Rockson, MD.Lymphedema. Venous edema: pathology, physical treatment. Review: symptoms of DVT

**9:30-10:15 am:** Skin care. Wound treatment.

**10:30- 12:00 noon:** Lymphedema and liposuction surgery: pre and post-operative rehab. care.

**1:00- 2:00pm:**Prevention of lymphedema..

**2:00-3:30pm:** Lab: multi-component bandaging the U.E. & L.E.

**3:30- 5:00pm:** Review of Dercum's disease and lipedema. CRPS Type I.

**. Q & A.**

**For lab practice, participants should bring appropriate clothing such as shorts , sports bra or tank.**

## REGISTRATION INFORMATION

Registration fee includes: pre-course material, tuition, course handout.

Early registration will be accepted until: **August 26, 2016**

Regular registration will be applicable after this date until **September 21, 2016** after which late registration will apply.

Cancellations and requests for refunds will be accepted until **October 15, 2016** minus a \$300.00 administrative fee.

Please complete the registration form and mail it with a check or money order payable to:

**Pacific Therapy Education, Inc.**

27475 Ynez Road #318

Temecula, CA 92591

Tel: 951 347 0362 Fax: 650 898 1771

[amvnewman@gmail.com](mailto:amvnewman@gmail.com)

Or register on-line at:

[www.lymphedemamanagement.com](http://www.lymphedemamanagement.com)

Click on "Register Now" on the home page.

Contact us if you wish to pay by credit card.

## CONFERENCE FEES:

Early registration: \$700.00

Regular: \$750.00 Late: \$800.00

**Register prior to July 14, 2016 and save \$100.00**

**Participants attending the initial & advanced courses in 2016 are entitled to a \$300.00 reduction of the tuition of the advanced course.**

## HOTEL ACCOMMODATIONS:

A group of rooms is held at the **Stanford Guest House** 2575 Sand Hill Road Menlo Park, CA 94025-7015 at the rate of \$151.00 for a standard queen room (1 queen bed); continental breakfast included.

**Cut-off date: 9/14/16.** After this date, reservations will be accepted on a space and rate availability basis. To make a reservation, call **650 926 2800** and refer to "Pacific Therapy Education" to get the special rate. You may book online at:

<http://guesthouse.stanford.edu/reservations>

**Use the group code: PACTHER101416** in order to receive the correct rate and be included in the group block.

Free parking for guests. On-campus shuttle service Monday to Friday from 8:00am to 8:30pm. Guest house shuttle to go to Stanford University Hospital for the course is available. Bike rental service

(\$3.00/day). Call 951 347 0362 if you want to share a hotel room.

## TRAVEL INFORMATION:

**Southwest Airlines Co.** offers service to San Jose and San Francisco Airports. To

book a reservation visit: [www.Southwest.com](http://www.Southwest.com)

From San Francisco or San Jose Airports call South & East Bay Shuttle: **800 548 4664 (local) or : 408 225 4444** to go to the Guest House.

Other possibility:

[www.travelodgepalto.com](http://www.travelodgepalto.com)

## FACULTY:

### GUEST SPEAKERS:

- Stanley G. Rockson, M.D.

Allan and Tina Neill Professor of Lymphatic Research and Medicine. Chief of Consultative Cardiology. Director, Center for Lymphatic and Venous Disorders.

Stanford University School of Medicine  
Falk Cardiovascular Research Center  
Stanford, CA 94305

- Irene L. Wapnir, M.D., F.A.C.S

Associate Professor of Surgery. Chief of Breast Surgery. Stanford University School of Medicine

- Dung Nguyen, M.D.

Clinical Assistant Professor, Division of Plastic & Reconstructive surgery, Director, Breast Reconstruction Stanford Women's Cancer Ctr.

• Jessica Foran, MSN, WHNP-BC, ANPBC  
Nurse Practitioner. Breast Medical Oncology & Cancer survivorship. Stanford Women's Cancer Center.

### INSTRUCTORS:

- Anne-Marie Vaillant-Newman, PT, MA.

Member of the International Society of Lymphology. (ISL)

Member of the European Group of Lymphology. Master of Arts from Teachers College Columbia University, New York, NY. Former student of Prof. Leduc with thirty years of expertise in lymphedema management Leduc method.

- Maria Josette Mullins, P.T.

Director, Rehab Services Department  
Memorial Hospital Miramar, Florida.

20 years of expertise in lymphedema managt.



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## LYMPHEDEMA MANAGEMENT

### RESEARCH-BASED CERTIFICATION ADVANCED COURSE IN LYMPHEDEMA MANAGEMENT MANUAL LYMPH DRAINAGE LEDOC METHOD

#### GUEST SPEAKERS:

Stanley G. ROCKSON, M.D.  
Stanford University, CA.

Irene L. WAPNIR, M.D.  
Stanford University, CA

Dung NGYEN, M.D.  
Stanford Women's Cancer Center

J. FORAN, MSN, WHNP-BC, ANP-BC,  
Stanford Women's Cancer Center

#### INSTRUCTORS:

Anne-Marie VAILLANT-NEWMAN,  
P.T., M.A.  
Temecula, California

Maria Josette MULLINS, P.T.  
Pembroke Pines, Florida

*"Great conference! I think that it is important to continue to review and emphasize the initial technique taught. The practical tips and "problem" case management info was extremely helpful. I appreciate the continued emphasis on research-based physical treatment, and, as I trained therapists, need to make sure people (Drs., patients, insurance payers) understand the basis for our intervention. Ongoing research shared...very exciting!" Linda Thorseth*

October 15, 16, 17, 18, 2016

Stanford University Hospital  
300 Pasteur Drive  
Stanford, CA 94305

