

REGISTRATION FORM

NAME**

HOME:

ADDRESS:

CITY: STATE:

ZIP:

PHONE:

FAX:

E-MAIL:

FACILITY:

ADDRESS:

CITY: STATE:

ZIP:

PHONE:

FAX:

Please enclose your check payable to:

**Pacific Therapy Education, Inc.
27475 Ynez Road # 318
Temecula, CA 92591**

**This course is open to PTs, PTAs, OTs,
COTAs, & MDs**

License#:

****Please, write your name and your titles as
you want them to be printed on your
certificates.**

INSTRUCTIONAL LEVEL

The instructional level of this program is intermediate according to APTA definition. The instructional level of this program assumes that participants have general familiarity with the topic, so the course focuses on increasing understanding and application. Applicants will acquire general familiarity with the topic by reading the course material sent upon confirmation of registration.

CERTIFICATION

Upon successful completion of post-course tests attendees will receive the certification level 1. Completion of this course and the Advanced course will enable the attendees to take the **International Certification in Lymphedema Management Examination and to become ICLM certified once they complete a case study..**

EDUCATIONAL CREDIT

This program has been approved for **51 contact hours, 5.1 CEUs by the California Physical Therapy Association (CPTA# 15-279)**

COURSE OBJECTIVES

At the end of the course, participants will demonstrate the:

- 1) Understanding of the anatomical and physiological concepts underlying lymphedema management.
- 2) Understanding of the psychological issues raised by cancer and lymphedema.
- 3) Ability to perform manual lymph drainage and multi-component bandaging as described by the Leduc school.
- 4) Understanding of the use of compression devices (indications & contraindications.)
- 5) Understanding of patient education (precautions, skin care, compression garment management, home program, lifestyle).
- 6) Ability to evaluate patients suffering from lymphedema, venous edema, lipedema and to design and document comprehensive plans of care.
- 7) Ability to differentiate Chronic Venous Insufficiency and Post-Phlebotic Syndrome from Lymphedema and Lipedema.

- 8) Ability to treat patients suffering from lymphedema, venous edema & lipedema and eventually to recognize signs of deep venous thrombosis..
- 9) Ability to answer most of the questions raised by patients.
- 10) Ability to recognize when the intervention of the physician is necessary.

PROGRAM

Students:faculty ratio= 10:1

Daily course schedule will include:

8:00am: Start

10:30-10:45am: Break

12:00noon-1:00pm: Lunch on your own.

3:00-3:15pm: Break.

Saturday, May 14, 2016

8:00-10:30am: Presentation. Orientation. Anatomy and physiology of the lymphatic system.

Test 1: Anatomy and physiology of the lymphatic system.

Theoretical approach to manual lymph drainage (mld), multi-component bandaging and compression device treatment. Research.

10:45-12:00noon – 1:00-3:00pm: Lab: manual lymph drainage of the lower extremity (L.E.).

3:15-5:00pm: Lab: manual lymph drainage of the upper extremity (U.E.)

5:00-6:00pm: Compression devices: presentation by specialist. Lab.

Sunday, May 15.

8:00-10:30am: Test 2: Theoretical approach to physical treatment of lymphedema. Research. Review test 1. Q& A.

Evaluation and treatment of the L.E. lymphedema: inspection, measurements, palpation, precautions, skin care, diet (research), manual lymph drainage lab. Exercises addressing the functional impairment generated by L.E. lymphedema. Documentation. Medicare requirements. Coding. Data analysis. Measurements for stockings. Lab: Stocking fitting. **10:45-12:00noon:** Lab: manual lymph drainage; practice on L.E.

1:00-2:00pm:Lab:L.E. multi-component bandaging.

2:00 -3:00pm: Theory :treatment of genital lymphedema and breast lymphedema. **Q&A.**

3:15-5:30 pm: Treatment of U.E. lymphedema. Management of post-mastectomy lymphedema: assessment, precautions, skin care, Lab: manual lymph drainage . Exercises addressing the functional impairment generated by U.E. lymphedema. Measurement techniques for sleeves. Sleeve fitting.

5:30-6:30pm: Pathophysiology.

Monday, May 16

8:00-10:30am: Test 3: Physical treatment of lymphedema (cont'ed) Review of test 2. **Q&A.**

Lab: Manual lymph drainage applied to L.E.

10:45-12:00 noon: Case study: Lab: manual lymph drainage and multi-component bandaging of the L.E. Exercises.

1:00-3:00pm: Case study: Lab: manual lymph drainage and multi-component bandaging of the U.E. & trunk. Exercises.

3:15-4:00pm: Review: Manual lymph drainage U.E. & L.E.. Protocol. **Q&A.** Problem solving.

4:00-6:00pm: Pathophysiology.

Tuesday, May 17

8:00-10:30am: Review of test 3. Q&A. Test 4. Venous edema: Pathophysiology & physical treatment Manual techniques. Exercises. Precautions. Life Compression garments addressing the needs of venous insufficiency. Symptoms of deep venous thrombosis. Case study.

10:45-12:00noon-1:00-3:00pm: Review: Lab: U manual lymph drainage and multi-component bandaging. Review: protocol of treatment.

3:15-5:15pm: Case study. Lab: L.E. manual lymph drainage and multi-component bandaging lab.

5:15-6:00pm: Pathophysiology. Case studies.

Wednesday, May 18.

8:00-9:00am: Prevention of lymphedema

9:00-10:15am: Test 4: review. **Q&A.** Lymphedema management applied to pediatrics. Case studies.

10:30-12:00noon: Lymphedema of head and neck Lab: Treatment: manual lymph drainage, multi-component bandaging..

1:00-2:00pm: Advances in Lymphatic Research Stanley. G. Rockson, M.D..

2:00- 3:00 pm Treatment of lipedema and Dercu disease.Lab. .

3:00-4:00pm: Complex cases. Q&A.

Note: For lab practice, participants should bring appropriate clothing such as shorts , sport bra or tank top or bathing suits.

REGISTRATION INFORMATION

Registration fee includes tuition, course handouts, and bandaging kit.

Early registration will be accepted until: Mars 31, 2016.

Regular registration will be applicable after this date until **April 22, 2016** after which late registration will apply.

Cancellations and requests for refunds will be accepted until **May 14, 2016** minus a \$300.00 administrative fee.

CONFERENCE FEES:

Early registration: \$750.00

Regular: \$800.00 Late: \$850.00

Register prior to February 21, 2016 and benefit from a \$100.00 discount.

Please complete the registration form and mail it with a check or money order payable to:

Pacific Therapy Education, Inc.

27475 Ynez Road # 318

Temecula, CA 92591

Tel: 951 347 0362

Fax: 650 898 1771

www.lymphedemamanagement.com

amvnewman@gmail.com

For credit card payment, please contact us at 951 347 0362. Thank you.

Confirmation of registration will be mailed with pre-course material.

HOTEL ACCOMMODATIONS:

A group of rooms is held at the **Stanford Guest House 2575 Sand Hill Road Menlo Park, CA 94025-7015** at the rate of **\$151.00**

for a twin-bed room and standard queen room (1 queen bed); **\$191.00** for a double queen room (2 queen beds), **continental breakfast included. Cut-off date:**

04/13/2016. After this date, reservations will be accepted on a space and rate availability basis. To make a reservation, call:

650 926 2800 and refer to "Pacific Therapy Education" to get the special rate. You may book online at

<http://guesthouse.stanford.edu/reservations>.

Use the group code: **PACTHER051316**

Free parking for guests. On-campus shuttle service Monday to Friday from 8:00am to 8:30pm.. Guest house shuttle to go to Stanford

University Hospital for the course is available.

Bike rental service (\$3.00/day). Call 951 347 0362 if you want to share a hotel room.

To get a list of hotels at Stanford, please call 951 347 0362 or visit the website.

TRAVEL ARRANGEMENTS:

Southwest Airlines Co. offers service to San Jose and San Francisco Airports. To

book a reservation visit: www.Southwest.com

From San Francisco or San Jose Airports call South & East Bay Shuttle: **800 548 4664 (local) or : 408 225 4444** to go to the Guest House.

Other possibility:

www.travelodgepalto.com

FACULTY:

GUEST SPEAKER:

- **Stanley G. Rockson, MD**

Allan and Tina Neill Professor of Lymphatic Research and Medicine

Chief of Consultative Cardiology.

Director, Center for Lymphatic and Venous Disorders.

Stanford University School of Medicine.

Falk Cardiovascular Research Center

Stanford, CA

INSTRUCTORS:

- **Anne-Marie Vaillant-Newman, PT, MA.**

Member of the International Society of Lymphology.

Member of the European Group of Lymphology.

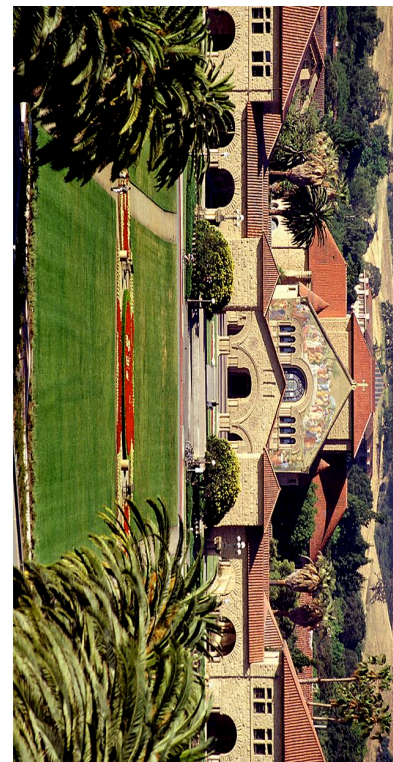
Master of Arts from Teachers College Columbia University, New York, NY.

Former student of Prof. Leduc with thirty years of expertise in lymphedema management Leduc method.

- **Maria Josette Mullins, P.T.**

Director of Rehab Services at Memorial Hospital Miramar, Florida.

Member of the International Society of Lymphology. twenty years of expertise in Lymphedema Management Leduc method.



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Temecula, CA 92591

LYMPHEDEMA MANAGEMENT

RESEARCH-BASED CERTIFICATE COURSE IN LYMPHEDEMA MANAGEMENT Leduc METHOD

Initial Course

Home Study + 5-day Seminar

GUEST SPEAKER:

Stanley G. ROCKSON, MD

INSTRUCTORS:

**Anne-Marie VAILLANT-NEWMAN
P.T., M.A.**

Maria Josette MULLINS, P.T.

“Excellent. Extremely informative + comprehensive. I appreciated the amount of spent on lab with time allowed for repetition generous feedback from instructor. Thank you for a wonderful learning experience”.

Boston, MA.

“Your dedication to your technique is impressive.”

Boston, MA.

“The research is a great part of the understanding and learning process. Boston, MA Anne-Marie is a credit to the Leduc method She is a dynamic, motivated and excellent teacher”.

“This course is very organized and fulfills all requirements to promote/develop clinical expertise or master clinicians in lymphedema management.”

“You are highly approachable. Incredible knowledge and intelligent, compassionate...everything a teacher and clinician should be.”

Thank you Thank you”

Princeton, NJ.

May 14, 15, 16, 17, 18, 2016

**Stanford University Hospital
300 Pasteur Drive
Stanford, CA 94305**

**LYMPHEDEMA MANAGEMENT
RESEARCH AND CLINICAL APPLICATION
COURSE WITH LYNN FLEHNER
MANAGING THE EDUCATION OF
Healthcare Professionals
*Home Study Available***

**INSTRUCTOR
Anne Marie FLEHNER, M.A., P.T.,
Ph.D., Director of
Pacific Therapy Education, Temecula,
CA
Mona Josette MULLINS, P.T.,
Director of Rehab Services
Memorial Hospital at Miramar, FL**

*“Excellent. Extremely informative +
comprehensive. I appreciated the amount of time
spent on the with time allowed for repetition and
generous feedback from instructor. Thank you
for a wonderful learning experience”.*

Boston, MA.

“Your dedication to your technique is impressive”
Boston, MA.

*“The research is a great part of the under-
standing and learning process. Boston, MA.
Anne Marie is a credit to the Leduc method.
She is a dynamic, motivated and excellent
teacher”.*

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