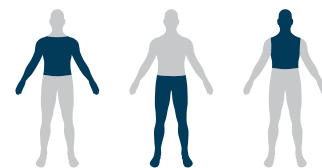


**FLEXITOUCH® PLUS**  
ADVANCED PNEUMATIC COMPRESSION SYSTEM



# Improve Patient Outcomes Comfort + Convenience = Compliance



# ADVANCED TECHNOLOGY THAT'S EASY TO USE.

The Flexitouch® Plus is the only pneumatic compression device that has been clinically proven to stimulate the lymphatic system.<sup>1</sup> With our third-generation garments and controller, the Flexitouch Plus makes it even easier for patients to benefit from this advanced at-home therapy.

## GARMENT FEATURES

### **SIMULTANEOUS BILATERAL THERAPY**

saves patients treatment time

### **INTUITIVE DESIGN**

allows lower extremity garments to slide on like boots; trunk garments slide on like shorts

### **ENHANCED CLOSURES**

make garments easier to put on and take off, while maintaining the ability to fit each patient's individual body shape

### **UNIQUE CHAMBER DESIGN**

supports gentle and dynamic mechanism of action

### **REMOVABLE HOOK AND LOOP PADS**

increase garment lifespan

### **ONE-HAND HOSE ATTACHMENT**

connects with push-and-click motion



"I LOVE THIS MACHINE. I AM ABLE TO WEAR BOOTS AND AN ANKLE BRACELET.  
LITTLE ACCOMPLISHMENTS TO SOME, BUT EXTREMELY EXCITING TO ME!"

—BELINDA, FLEXITOUCH PLUS USER

**96%** Patient Satisfaction<sup>2</sup>



## CONTROLLER FEATURES

**LARGE 7" COLOR DISPLAY**  
with easy-to-read instructions

**LARGE BUTTONS**  
for easy operation

**COUNTDOWN TIMER**  
shows time remaining

**STORES UP TO THREE  
PRESET PROGRAMS**  
for added convenience

**COMPACT FOOTPRINT**  
for easy storage

**PORTABLE DEVICE WITH  
INTEGRATED HANDLE DESIGN**  
for travel-ready, compact portability

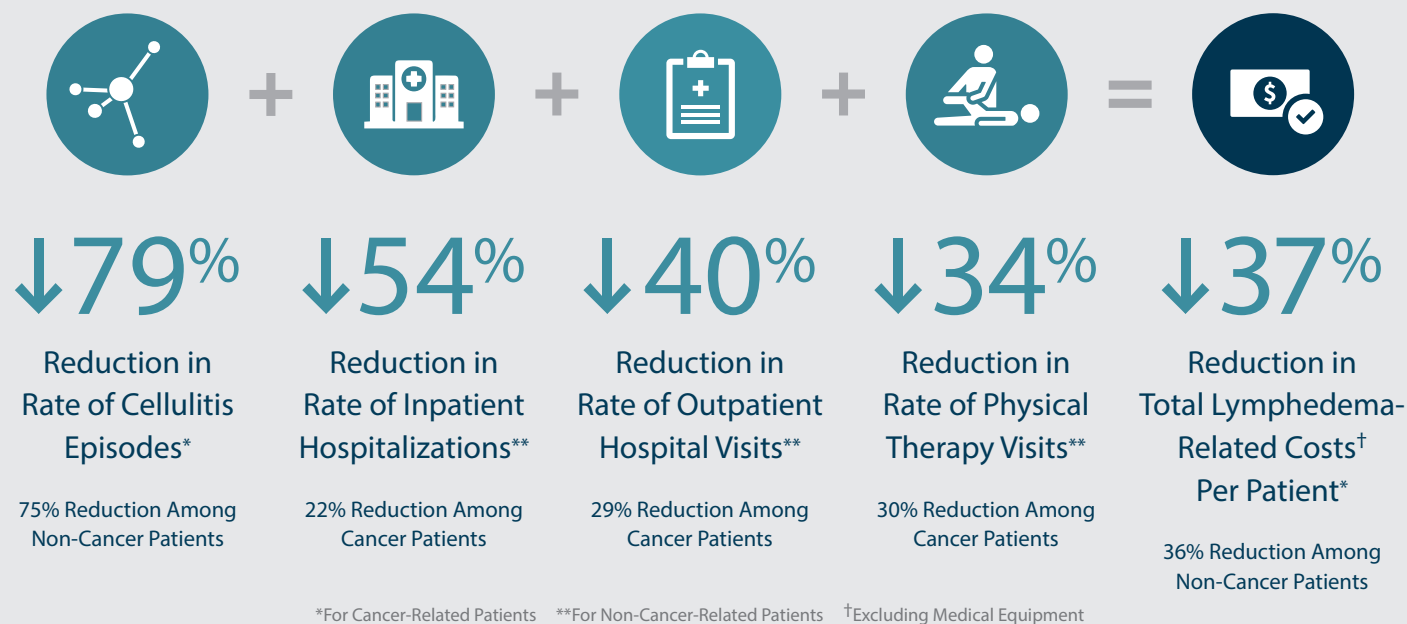
# THE CLINICALLY PROVEN RESULTS YOU HAVE COME TO EXPECT FROM THE FLEXITOUCH SYSTEM

The Flexitouch Plus system uses a unique mechanism of action that has been clinically proven to improve outcomes, reduce costs and improve the quality of life for patients.<sup>2,4</sup>

## FLEXITOUCH SYSTEM CLINICAL EVIDENCE

*Journal of the American Medical Association (JAMA) Dermatology — Study Highlights*

A study of 718 lymphedema patients evaluating patient health outcomes and healthcare costs in cancer and non-cancer cohorts.<sup>4</sup>



**COSTS OF HOSPITALIZATION FROM CELLULITIS MAY EXCEED \$16,000 PER YEAR.<sup>5</sup>**

**AVOIDING A SINGLE HOSPITALIZATION DUE TO CELLULITIS**

**COULD SAVE PATIENTS MORE THAN 4 DAYS IN THE HOSPITAL.<sup>6</sup>**

## IMPROVED OUTCOMES. HIGH SATISFACTION. INCREASED COMPLIANCE.

In a clinical study following 155 lymphedema patients, Flexitouch use resulted in improved outcomes, high satisfaction and high compliance:<sup>2</sup>

95%

Maintained or  
Reduced Limb Volume

90%

Reported Satisfaction  
with Flexitouch  
At-Home Treatment

96%

Were Compliant with the  
Prescribed Therapy

93% Among Non-Cancer-Related  
Lymphedema Patients

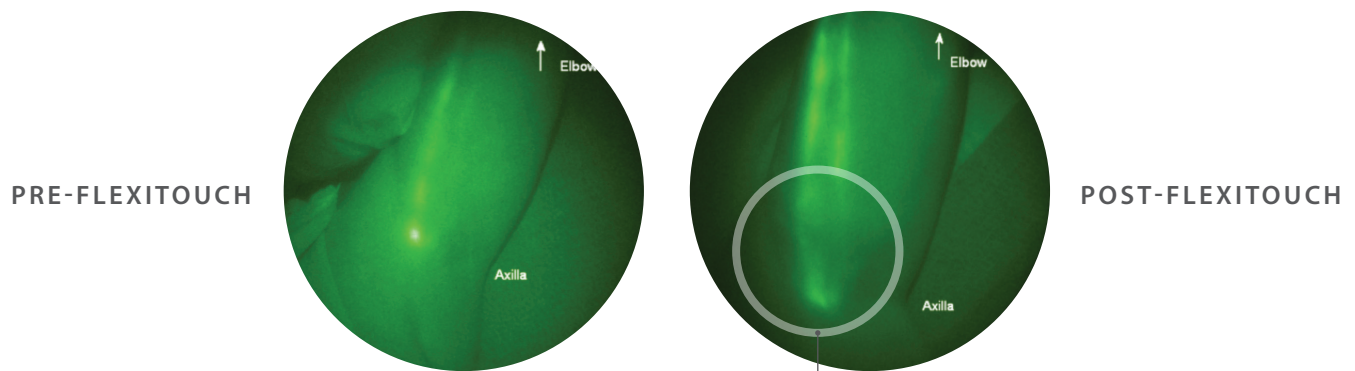


“THE FIRST TIME I USED THE FLEXITOUCH AT HOME I CRIED BECAUSE IT BROUGHT MY  
ARM SUCH COMFORT. NOTHING I TRIED BEFORE EVER GAVE ME SUCH RELIEF.”

—JUDITH, FLEXITOUCH USER

# THE ONLY PNEUMATIC COMPRESSION DEVICE PROVEN TO STIMULATE THE LYMPHATIC SYSTEM

Near infrared imaging demonstrates lymph movement toward axillary nodes following Flexitouch therapy<sup>1</sup> in a breast cancer-related lymphedema patient:



*Evidence of increased lymphatic activity and movement toward axilla*

Clinical evidence shows the Flexitouch system significantly improves clinical outcomes.<sup>3</sup>

**88%**

Experienced Limb Volume Reduction (35% Experienced Reduction of >10%)

**86%**

Experienced a Reduction in Fibrosis

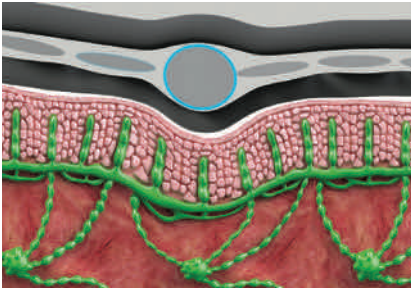
**85%**

Demonstrated Increased Ability to Perform Activities of Daily Living

**“I DID NOT THINK ANY KIND OF THERAPY WOULD WORK, BUT NOW I CAN SLEEP ON MY BACK. I CAN MOVE AROUND MORE EASILY, AND I FEEL BETTER.”**

—FAYE, FLEXITOUCH USER

## HOW IT WORKS



Our unique garment chambers stimulate the lymphatic system to remove excess fluid and reduce edema. The pneumatic chambers sequentially inflate and deflate for just a few seconds each, creating a gentle wave-like application of pressure to stimulate the movement of lymphatic fluid and direct it toward properly functioning areas of the body.

**“I LOVE MY FLEXITOUCH.**

**IT IS VERY EASY TO USE AND IT IS LIKE A MASSAGE.”**

**—MARY S., FLEXITOUCH USER**



## THE FIRST AND ONLY PNEUMATIC COMPRESSION THERAPY SPECIFICALLY DESIGNED TO TREAT HEAD AND NECK LYMPHEDEMA

The head and neck garment set is easy to use and features the clinically proven Flexitouch technology that tens of thousands of lymphedema patients currently rely on every day to effectively treat their extremities.

**“IT WORKS GREAT!**

**MY NECK LOOKS NORMAL.”**

**—DON, FLEXITOUCH USER**

## SEE HOW WE'RE BRINGING THE FUTURE OF HEALING HOME AT TACTILEMEDICAL.COM

**Tactile Medical** is a leader in developing and marketing at-home therapy devices that treat lymphedema and chronic venous insufficiency. Our mission is to help people suffering from chronic diseases live better and care for themselves at home. Our unique offering includes advanced, clinically proven pneumatic compression devices, as well as continuity of care services provided by a national network of product specialists and trainers, reimbursement experts, patient advocates and clinicians. This combination of products and services ensures that tens of thousands of patients annually receive the at-home treatment necessary to better manage their chronic conditions. Tactile Medical takes pride in the fact that our solutions help increase clinical efficacy, reduce overall healthcare costs and improve the quality of life for patients with chronic conditions.

**Individual results may vary.**

**Indications/contraindications:** Indications, contraindications, warnings and instructions for use can be found in the product labeling supplied with each device.

**Caution:** Federal (USA) law restricts these devices to sale by or on the order of a licensed healthcare practitioner.

#### References:

1. Adams KE, Rasmussen JC, Darne C, Tan I, Aldrich MB, Marshall MV, Fife CE, Maus EA, Smith LA, Guilliod R, Hoy S, Sevic-Muraca EM. Direct evidence of lymphatic function improvement after advanced pneumatic compression device treatment of lymphedema. *Biomedical Optics Express*. August 2010 (Vol 1/No 1).
2. Ridner SH, McMahon E, et al. Home-based lymphedema treatment in patients with and without cancer-related lymphedema. *Oncol Nurs Forum*. 2008; 35(4): 671–680.
3. Muluk SC, Hirsch AT, Tafe EC. Pneumatic compression device treatment of lower extremity lymphedema elicits improved limb volume and patient-reported outcomes. *Eur J Vasc Endovasc Surg*. 2013; 46(4): 480–487.
4. Karaca-Mandic P, Hirsch AT, Rockson SG, Ridner SH. The cutaneous, net clinical, and health economic benefits of advanced pneumatic compression devices in patients with lymphedema. *JAMA Dermatol*. 2015; 151(11): 1187–1193. The study analyzed upper and lower extremity lymphedema patients with cancer related (4a) and non-cancer related lymphedema (4b) treated with the Flexitouch System. The reduction rate of inpatient hospitalization was not statistically significant (4c). Total costs excluded medical equipment (4d). The study evaluated use of the Flexitouch System as a tool for the treatment of lymphedema. The study documented a reduction in the rate of cellulitis episodes following use of the Flexitouch System for the treatment of lymphedema. The Flexitouch System is not used for nor intended for use to treat cellulitis.
5. Centers for Disease Control and Prevention. Available at: [http://www.cdc.gov/nchs/data/nhds/2average/2010ave2\\_firstlist.pdf](http://www.cdc.gov/nchs/data/nhds/2average/2010ave2_firstlist.pdf). Accessed May, 2015.
6. The Official Website of New York State. Available at: <https://health.data.ny.gov/Health/Cellulitis-Other-Bacterial-Skin-Infections-Hospita/3med-x5jj>. Accessed May, 2015.

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**Tactile**  
MEDICAL™  
HEALING RIGHT AT HOME