

facts you need to know

- An estimated 10 million Americans live with lymphedema (LE).
- Lymphedema spares no one: people of all ages, sex, races, ethnicities, and socioeconomic status are affected.
- Lymphedema is often overlooked, leading to delayed diagnosis and treatment.
- Gaps in medical education contribute to low awareness among providers.
- For free support in navigating the challenges of lymphatic disease, visit the

**LE&RN
RESOURCE
CENTER™**

or call 1-855-378-8163 to connect with an expert.

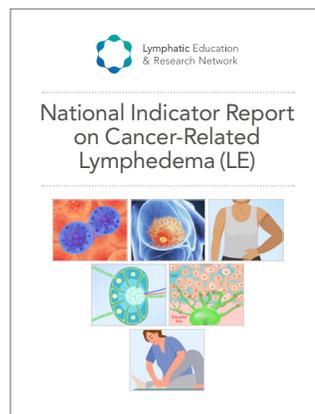


Lymphatic Education
& Research Network

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EMPOWERING ADVOCATES

New Report on Cancer-Related Lymphedema



The **Lymphatic Education & Research Network** created the first-of-its-kind report to equip you, healthcare professionals, researchers, and policymakers with discussion points to effectively advocate for people living with cancer-related lymphedema and highlight areas in need of urgent attention, revealing opportunities to heighten awareness and improve the standard of care.

LE&RN is enlisting healthcare professionals to focus on five key

indicators for enhanced patient outcomes:

1. **Epidemiology:** Developing a better understanding of lymphedema epidemiology
2. **Access to Care:** Broadening the accessibility of lymphedema care
3. **Health Disparities:** Addressing inequities in access to lymphedema care
4. **Transition in Care:** Easing the transition of care from pediatric to adult services
5. **Perceptions Amongst Stakeholders:** Aligning stakeholder perceptions with patient needs

Join LE&RN in advocating to policymakers for:

- Increasing federal and state funding for research through the National Institutes of Health or other mechanisms to advance lymphedema treatments and cures.
- Improve insurance coverage and reduce out-of-pocket costs for compression supplies and other therapies to reduce the disease burden.
- Mandating the inclusion of lymphatic system education in medical and nursing schools to provide comprehensive lymphedema education for healthcare providers.
- Promote public awareness initiatives to reduce stigma and encourage early diagnosis.

Visit LymphaticNetwork.org to learn more and get involved.

Remember, you are not alone in this journey.