

## Who cares about Lymphoedema?

You are invited to attend a free lymphoedema public forum at Macquarie University to celebrate World Lymphoedema Day.

**WHEN: Monday 5 March, 5 to 7.30 pm**

**WHERE: Level 3, 75 Talavera Road, Macquarie University (Luxottica Building)**

Hosted by ALERT, this informative evening will include five short, interactive presentations on:

- Early detection and self-care
- New imaging techniques to personalise your treatment
- Exercise: do I really have to?
- Advocacy: getting the politicians to listen
- Managing the healthcare money maze

The presentations will be followed by a Q&A session with our expert panel.

A light supper will be served from 5 to 5.30 pm.

Limited free parking is available at Macquarie University Hospital. Other parking options are Macquarie Shopping Centre or on Talavera Road. You can also reach us by bus or train.

**To register, go to our website at [mqhealth.org.au/alert](https://mqhealth.org.au/alert)**

Spaces are limited, so please register soon. Registrations close at **5 pm, Wednesday 28 February, or earlier if capacity is reached.**

We will send you a confirmation email and map a few days before the event.

We look forward to seeing you.

Professor John Boyages, Director, ALERT

Ms Louise Koelmeyer, Lymphoedema Program Manager, ALERT