



**WORLD  
LYMPHEDEMA  
DAY®  
IS  
MARCH 6,  
2021**



## What is World Lymphedema Day?

World Lymphedema Day (WLD) is an annual advocate-driven celebration, which was established in 2016 by the United States Senate in response to a bill written by the Lymphatic Education & Research Network (LE&RN). 2021 marks the 6th year of WLD and we will be celebrating with a *Virtual Global Celebration to Fight Lymphatic Diseases*. This is our opportunity to join together as one as we educate the world about the extent of this global “lymphedemic™.” This includes lymphatic diseases (LD), primary and secondary lymphedema (LE), lipedema (LI), lymphatic filariasis (LF), lymphatic malformations (LM), and the full lymphatic continuum (LC) of diseases impacted by the lymphatic system. We look forward to every advocate from around the world planning virtual events. See the back page for all the ways you can get involved.

Our goal is to make all lymphatic diseases a global priority, to engage governments and researchers around the world to dedicate themselves to finding advanced treatments and cures, and to address the incredible psycho-social burden of those with LD who have felt themselves marginalized, unable to find treatment, and whose quality of life has been negatively transformed by this disease.

Join us! [Create a virtual event for World Lymphedema Day](#) and [send your 200-word story of living with a lymphatic disease that we can share with the stakeholder that can create the change you demand.](#)

- FACT:** WHO estimates that over 250 million people worldwide have LE.
- FACT:** NIH estimates that primary LE could affect as many as 1 in 300 live births.
- FACT:** WHO estimates that over 120 million are infected with lymphatic filariasis (LF), leaving 40 million disfigured and incapacitated.
- FACT:** Lymphedema (LE) affects an estimated 15% of all cancer survivors and up to 30% of all those treated for breast cancer.

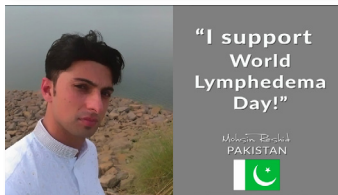
**We must make finding a cure a global priority.**

**Miracles await if we dedicate ourselves to finding them.**



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See other side ►



# Ways to Participate in World Lymphedema Day 2021

**World Lymphedema Day is open to everyone!** Individuals, patients, patient organizations, health professionals, researchers, drug developers, public health authorities—the more people involved the better!

As you'll find out, there are many ways to participate. Let's join our efforts to give hope to LD and LE patients.

## 1. POST YOUR VIRTUAL EVENT

Your virtual event can be anything that educates the world about lymphatic diseases. [Post your event here.](#)

## 2. SHARE YOUR STORY

Help us tell your story to those with the power to create the changes we seek. In 200 words or fewer, upload your story, which we will share with World Health Organization (WHO), the United States Congress, the American Medical Association (AMA), the Centers of Disease Control and Prevention (CDC), National Institutes of Health (NIH) and other institutions key to our success. To tell your story, [go here.](#) To read stories from others, [go here.](#)

## 3. VIRTUAL GLOBAL CELEBRATION

Join us on World Lymphedema Day, March 6th, for a celebration hosted by LE&RN Spokesperson Kathy Bates and featuring the debut performance of the one-act play *Let's Talk Lymphoedema (Lymphedema)*. [Buy tickets here.](#)

## 4. SUBMIT A WORLD LYMPHEDEMA DAY RESOLUTION TO YOUR LOCAL OR STATE GOVERNMENT

Contact LE&RN at [WLD@LymphaticNetwork.org](mailto:WLD@LymphaticNetwork.org). We can provide you with templates for a resolution that can be submitted to your state or local government. Many activists have successfully had World Lymphedema Day recognized by their hometowns, cities, states, and other government entities and you can too!

## 5. ASK FOR LANDMARKS TO BE LIT TEAL FOR WORLD LYMPHEDEMA DAY

For more information on how to do this, write: [WLD@LymphaticNetwork.org](mailto:WLD@LymphaticNetwork.org)

## 6. JOIN OR BECOME A MEMBER OF LE&RN

Help us fight lymphatic diseases. We can only do this with your support. [Join here.](#)



Lymphatic Education & Research Network