

10 THE TOP 10

REASONS TO SUPPORT LE&RN

10 LE&RN's **National Lobby Days** bring advocates from around the country to Washington, DC, where lawmakers are asked to support increased National Institutes of Health (NIH) lymphatic research funding and insurance coverage for available treatments.

ADVOCACY

9 LE&RN **Chapters** now reach across the United States and around the world, bringing the international lymphatic and lymphedema communities together. Chapters sponsor events such as LE&RN's Walks, educational symposiums, and patient support groups, bringing the community together and making us stronger.

BUILDING COMMUNITY

8 LE&RN's **Centers of Excellence in the Diagnosis and Treatment of Lymphatic Diseases**, as well as our **Continuing Medical Education (CME) Seminars** are raising the bar in assuring patients receive optimal, comprehensive care.

SETTING STANDARDS

7 To entice the best and brightest researchers, each year LE&RN sponsors up to **25 Travel Scholarships and Poster Awards** to young investigators worldwide.

THE NEXT GENERATION

6 Addressing the lack of certified lymphedema therapists (CLTs) in underserved areas, LE&RN awards ten or more scholarships each year to **therapists** who enroll in an accredited CLT school.

EXPANDING ACCESS TO CARE

5 LE&RN created **World Lymphedema Day** in 2016, which was officially established by the United States Senate that same year. In 2018, New York State passed a **first-in-nation bill, written by LE&RN**, that mandates all hospital institutions in the state to provide lymphedema (LE) information packets to all patients at risk for the disease. LE&RN Chapters will now take this bill to statehouses across the country.

LEGISLATIVE ACTION

4 LE&RN hosts monthly **Virtual Symposiums** bringing experts in lymphatics to the medical community, those with LE, and caregivers. Through our partnership with Harvard Medical Schools, LE&RN's website hosts the presentations delivered at the annual **Lymphedema Symposium**. LE&RN's **"Ask the Experts"** program provides a direct link to a panel of international authorities.

CUTTING-EDGE ANSWERS

3 As LE&RN's Spokesperson since 2015, **Academy Award winner Kathy Bates** has been a tireless advocate for the lymphedema and lymphatic disease community. From national televised broadcasts, to meeting with politicians and officials at NIH, CDC, and AMA, her partnership with LE&RN has advanced awareness of lymphatic diseases worldwide.

SPREADING THE WORD

2 LE&RN is committed to bringing the millions of people who live with lymphedema (LE) and lymphatic disease (LD) together to make our fight a global priority. LE&RN's website, social media channels, and e-newsletter **keep our community informed about the issues as well as inspire activism.**

CREATING A MOVEMENT

1 LE&RN knows new treatments and cures are waiting to be discovered with research. We remain committed to funding research fellowships and we actively promote LD/LE research as a top priority at the National Institutes of Health (NIH), the Department of Defense (DoD), and Centers for Disease Control and Prevention (CDC).

RESEARCH FOR NEW TREATMENTS AND A CURE

