

# 10 THE TOP 10

# REASONS TO SUPPORT LE&RN

**10** LE&RN's **National Lobby Days** bring advocates from around the country to Washington, DC, where lawmakers are asked to support increased National Institutes of Health (NIH) lymphatic research funding and insurance coverage for available treatments.

## ADVOCACY

**7** To entice the best and brightest researchers, each year LE&RN sponsors up to **25 Travel Scholarships and Poster Awards** to young investigators worldwide.

## THE NEXT GENERATION

**4** LE&RN hosts monthly **Virtual Symposiums** bringing experts in lymphatics to the medical community, those with LE, and caregivers. Through our partnership with Harvard Medical Schools, LE&RN's website hosts the presentations delivered at the annual **Lymphedema Symposium**. LE&RN's **"Ask the Experts"** program provides a direct link to a panel of international authorities.

## CUTTING-EDGE ANSWERS

**1** LE&RN knows new treatments and cures are waiting to be discovered with research. We remain committed to funding research fellowships and we actively promote LD/LE research as a top priority at the National Institutes of Health (NIH), the Department of Defense (DoD), and Centers for Disease Control and Prevention (CDC).

## RESEARCH FOR NEW TREATMENTS AND A CURE

**9** LE&RN **Chapters** now reach across the United States and around the world, bringing the international lymphatic and lymphedema communities together. Chapters sponsor events such as LE&RN's Walks, educational symposiums, and patient support groups, bringing the community together and making us stronger.

## BUILDING COMMUNITY

**6** Addressing the lack of certified lymphedema therapists (CLTs) in underserved areas, LE&RN awards ten or more scholarships each year to **therapists** who enroll in an accredited CLT school.

## EXPANDING ACCESS TO CARE

**3** As LE&RN's Spokesperson since 2015, **Academy Award winner Kathy Bates** has been a tireless advocate for the lymphedema and lymphatic disease community. From national televised broadcasts, to meeting with politicians and officials at NIH, CDC, and AMA, her partnership with LE&RN has advanced awareness of lymphatic diseases worldwide.

## SPREADING THE WORD

**8** LE&RN's **Centers of Excellence in the Diagnosis and Treatment of Lymphatic Diseases**, as well as our **Continuing Medical Education (CME) Seminars** are raising the bar in assuring patients receive optimal, comprehensive care.

## SETTING STANDARDS

**5** LE&RN created **World Lymphedema Day** in 2016, which was officially established by the United States Senate that same year. In 2018, New York State passed a **first-in-nation bill, written by LE&RN**, that mandates all hospital institutions in the state to provide lymphedema (LE) information packets to all patients at risk for the disease. LE&RN Chapters will now take this bill to statehouses across the country.

## LEGISLATIVE ACTION

**2** LE&RN is committed to bringing the millions of people who live with lymphedema (LE) and lymphatic disease (LD) together to make our fight a global priority. LE&RN's website, social media channels, and e-newsletter **keep our community informed about the issues as well as inspire activism.**

## CREATING A MOVEMENT

