



LE&RN

Since 1998, the Lymphatic Education & Research Network (LE&RN) has been at the forefront in the fight against lymphatic diseases (LD) such as lymphedema (LE), lipedema and lymphatic malformations.

Over 10 million Americans and more than 250 million people worldwide suffer from LE alone—more than AIDS, Parkinson’s Disease, Muscular Dystrophy, Multiple Sclerosis and ALS—combined.

The continuum of diseases impacted by the lymphatic system includes heart disease, obesity, AIDS, diabetes, rheumatoid arthritis and cancer metastasis. Yet, lymphatic diseases go undiagnosed and untreated, and research is grossly underfunded.

LE&RN and its worldwide members are determined to change this through education, research and advocacy. But progress depends on your support.

Our Mission: LE&RN’s mission is to fight lymphatic diseases through education, research, and advocacy. We seek to accelerate the prevention, treatments and cures for lymphedema, lipedema, lymphatic anomalies, and the continuum of lymphatic diseases.



To benefit LE&RN in your estate planning and Donor Advised Funds (DAFs), contact your financial advisor. You can also call LE&RN at 516-625-9675 or email us at LERN@lymphaticnetwork.org.

LE&RN is an internationally recognized 501(c)(3) non-profit organization whose mission is to fight lymphatic disease such as lymphedema, lipedema and lymphatic malformation through education, research, and advocacy. LE&RN accepts gifts that further its mission. Some gifts may be subject to approval. Our Federal Tax ID number is 58-2404527.

Financial and other information about LE&RN is available at www.LymphaticNetwork.org.



Nurture LE&RN’s future by joining our *Legacy Society*

When you join LE&RN’s Legacy Society with a planned gift, you provide an enduring foundation of support for our mission.

IRAs, DAFs, and Tax-Friendly Ways to Support LE&RN

There are various ways that you could contribute to LE&RN that could have significant benefits for you and your family’s financial wealth.

- You could make a **bequest** by including language in your will or living trust, leaving a portion of your estate to LE&RN. We look forward to working with you in understanding your specific intention for these funds.
- **Designating LE&RN as a charitable beneficiary** on your accounts could be as straight-forward as completing a form with a financial institution, and you should be able to designate any percentage up to 100%. This could include your **traditional IRA, SEP IRA and 401(k)**. By naming LE&RN as the beneficiary of the remainder of your retirement plan, 100 percent of the plan’s balance is available for LE&RN’s use, since the distribution avoids both income and estate taxes.
- An **IRA charitable rollover** may reduce your taxable income this year and possibly in future years as well. You could also donate to LE&RN **up to \$100,000 per year tax-free** directly from an IRA.
- In addition, you could designate LE&RN on your **life insurance**. Also, if you have more insurance coverage than you need, you may consider giving LE&RN a paid-up policy. By transferring the ownership of your policy, you receive a charitable income tax deduction equal to the lesser of the policy’s cash surrender value or cost basis.
- A **life income gift, such as a charitable remainder trust**, allows you to give assets to LE&RN while providing yourself and/or your loved ones with income for lifetime, and this also allows for a charitable tax deduction.
- **Donate appreciated non-cash assets**, such as stocks, ETFs and mutual funds, and real estate directly to LE&RN for a dual benefit of claiming a deduction for the fair market value of the asset while avoiding capital gains tax.
- **Do you have a Donor-Advised Fund (DAF)?** If so, designate LE&RN in your DAF grants. If not, DAFs have been the most popular charitable giving strategy in recent years due to its **ease and simplicity** (some financial firms do not have a minimum account balance nor contribution amounts), the various donor benefits it provides such as personal charitable **tax deductions**, and it could be an important **family financial strategy** for many generations.

Please contact us for a better understanding of any of these strategies, including details on the personal financial benefits. Also, if you are considering any planned gifts, we want to recognize you in our **Legacy Society**.



Lymphatic Education & Research Network

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